



**Physical Exam:**

Height \_\_\_\_\_ Weight \_\_\_\_\_ BP \_\_\_\_\_ Pulse \_\_\_\_\_ RR \_\_\_\_\_ Temp \_\_\_\_\_

- Eyes  WNL  Other \_\_\_\_\_
- Ears  WNL  Other \_\_\_\_\_
- Nose  WNL  Other \_\_\_\_\_
- Throat  WNL  Other \_\_\_\_\_
- Mouth  WNL  Other \_\_\_\_\_
- Neck  WNL  Other \_\_\_\_\_
- Breasts  WNL  Other \_\_\_\_\_
- Heart  WNL  Other \_\_\_\_\_
- Lungs  WNL  Other \_\_\_\_\_
- Abdomen  WNL  Other \_\_\_\_\_
- Back & Spine  WNL  Other \_\_\_\_\_
- Neurologic  WNL  Other \_\_\_\_\_
- Extremities  WNL  Other \_\_\_\_\_
- Skin  WNL  Other \_\_\_\_\_

Fall Risk  Yes  No

Use of Medical Treatments or Therapies ( Eg: Nebulizer, Oxygen etc.  Yes  No  
(List / frequency) \_\_\_\_\_

**Physician Orders: (Meal substitute offered due to allergies only when center has documentation from Doctor)**

- Diet:  Regular Diet  Pured / Soft Foods  Liquid Thickener  
 No Restrictions  No Added Salt  No concentrated sweets  
 Food Allergies \_\_\_\_\_  
 Other--Specify \_\_\_\_\_

**Medications: (List or provide computer print-out of all current medications)**

Medication	Dosage	Frequency	Medication	Dosage	Frequency

Participant is capable of administering his/her own medications:  
Self \_\_\_\_\_ Under supervision \_\_\_\_\_ No \_\_\_\_\_

**Routine Orders: Approve by placing an "X" in box for each Rx.**

- Fever or Pain - Acetaminophen 325 mg – 2 tabs PRN q 4 hr,  
NOTIFY physician for temperature over 100° or no pain relief.
- Dyspepsia - Mylanta or Maalox – 2 TBSP PO PRN Repeat q ½ hour X 3 doses  
Call physician if no symptom relief.
- Diarrhea - Clear liquids, Imodium AD 4 mg (20 cc), after first episode.  
After subsequent episodes – call physician.

Physician Name: \_\_\_\_\_

Address \_\_\_\_\_  
Street City State Zip Code

Telephone Number: \_\_\_\_\_ Fax number: \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_